

For office use only SR No.  
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# International Solutions

## Private medical insurance individual application

**Please read through the following before completing this application in BLOCK CAPITALS and in black ink.**

Thank you for choosing Aviva. As part of the process of becoming a member you need to complete this form, which will be treated in the strictest confidence. We need to know all the material facts relating to the questions we ask. If you do not give us all the material facts your policy may be invalid. Any fact that is likely to influence an insurer in the assessment and acceptance of this application is a material fact, and if you are unsure whether or not as fact is material you should tell us about it. As proposer you are required to answer all the questions and sign on behalf of all the people to be insured. If you are unsure about any of the information we ask for, you should check with the person who it relates to.

A copy of this application will be given to you within three months of completion if you ask for it. We recommend that you keep a record of all the information that you have given us regarding this application. The contract will be subject to English law.

**If you need to provide further information on any section of this application, please write on separate paper, indicate the number of sheets here  and attach to this application**

### Important notes

International Solutions is designed to meet the needs of ex-patriates living and working in another country. We regret that this product is not available to people who live in their home country for six months or more each year. Due to regulatory restrictions, it may not be possible to offer cover to permanent ex-patriates resident in certain countries. Please check with your usual Aviva adviser. We are able to provide information in English only. If you need information in any other language, unfortunately we may not be able to process your application.

## 1. Your details As proposer you are applying to be the policyholder and will be responsible for paying the premium.

Name	Mr, Mrs, Miss, Ms, other		Surname		
	Forename		Other initials		
Sex	<input type="checkbox"/> Male	<input type="checkbox"/> Female	Date of birth	D D / M M / Y Y Y Y	
	Current residential address				
Country					
Postcode		Passport nationality			
Contact telephone numbers incl country and area codes	Daytime		Evening		Mobile
	Email address				

You can view policy details online or receive them as printed documents. If you wish to view your policy terms, conditions, benefits and limits via the secure area of the International Solutions website ([www.aviva.co.uk/internationalhealth](http://www.aviva.co.uk/internationalhealth)), please tick the box.  You must give us your email address to be able to access the site. A policy certificate, personalised member card and details of any endorsements to cover will be posted to the policyholder.

**Please tick if cover is not required for the proposer**

If cover is not required for the proposer then the second person will become the main member under this policy.

Association or group name (if applicable)	<input type="text"/>
How long each year do you spend at your residential address?	<input type="text"/>

Will all persons to be covered by the policy spend six months or more of the policy year outside their country of nationality? Yes  No  If no, please state who and why

Address for correspondence (if different)	<input type="text"/>		
	Country		Postcode
Contact telephone number	Country code	Area code	Tel no
Fax number	<input type="text"/>		

Do you intend to move to another country?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Name of country	<input type="text"/>
If yes, is this move temporary?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Intended length of stay	<input type="text"/>
Does this apply to everyone covered by the policy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No*		

**\*If No, please provide full details on a separate sheet of paper and indicate you have done so by ticking this box**

If you are currently a customer of Aviva Health UK Limited, please complete the following:

Policy number

Member number

Renewal date

## 2. Details of everyone to be covered

	Second person	Third person	Fourth person
Relationship to proposer	<input type="text" value="spouse/partner"/> <input type="text" value="son"/> <input type="text" value="daughter"/>	<input type="text" value="son"/> <input type="text" value="daughter"/>	<input type="text" value="son"/> <input type="text" value="daughter"/>
Title	<input type="text" value="Mr, Mrs, Miss, Ms, other"/>	<input type="text" value="Mr, Mrs, Miss, Ms, other"/>	<input type="text" value="Mr, Mrs, Miss, Ms, other"/>
Surname	<input type="text"/>	<input type="text"/>	<input type="text"/>
Forename	<input type="text"/>	<input type="text"/>	<input type="text"/>
Other initials	<input type="text"/>	<input type="text"/>	<input type="text"/>
Passport nationality	<input type="text"/>	<input type="text"/>	<input type="text"/>
Date of birth	<input type="text" value="DD / MM / YYYY"/>	<input type="text" value="DD / MM / YYYY"/>	<input type="text" value="DD / MM / YYYY"/>
Sex	<input type="text" value="male"/> <input type="text" value="female"/>		
Relationship to proposer	<input type="text" value="son"/> <input type="text" value="daughter"/>	<input type="text" value="son"/> <input type="text" value="daughter"/>	
Title	<input type="text" value="Mr, Mrs, Miss, Ms, other"/>	<input type="text" value="Mr, Mrs, Miss, Ms, other"/>	<input type="text"/>
Surname	<input type="text"/>	<input type="text"/>	<input type="text"/>
Forename	<input type="text"/>	<input type="text"/>	<input type="text"/>
Other initials	<input type="text"/>	<input type="text"/>	<input type="text"/>
Passport nationality	<input type="text"/>	<input type="text"/>	<input type="text"/>
Date of birth	<input type="text" value="DD / MM / YYYY"/>	<input type="text" value="DD / MM / YYYY"/>	
<b>If anyone lives at a different address to the proposer, please tell us who and write the address here</b>	<input type="text"/>		
	<input type="text" value="Country"/>		

If any person on this application is employed by a foreign embassy or diplomatic service please write their name here:

If we need any more information in order to process this application, we will contact you. If, for your convenience, you consent for us to speak to another person named on this application, please write their name here:

**3a. Benefit options** - you can choose from the following options to either enhance the benefits provided by International Solutions, or to help contain costs. The International Solutions Policy Summary gives details of these options. Please indicate the options you would like by ticking the appropriate boxes.

Wellness

Dental & optical

Increased out-patient benefits

Compassionate travel

Maternity

■ **Please note** - you cannot choose increased out-patient cover with reduced out-patient cover  
 ■ If you choose an alternative excess, you cannot choose either the reduced out-patient cover or the reduced additional benefits options.

Alternative excess  £100  £250  £500

Reduced out-patient benefits

Reduced additional benefits

**b. Region options** (for details, see the International Solutions Region Guide in the brochure) Please choose the region you wish to be covered for by writing the number (between 1 and 6) in the box.

If any of the people to be insured on the policy require a different region to this, please write their names and chosen regions here

**c. Currency options**

Please tick one box for the currency you would you like to pay your premiums in.

(You may pay policy premiums in Pounds Sterling, Euros or US Dollars. Please see section 8 for information about how to pay. Benefit limits apply in the currency in which you pay the premium. Settlement of valid claims costs in currencies other than your chosen premium currency may attract an administration charge)

£ Sterling

€ Euro

\$ US Dollar

**d. Start date**

The start date of the policy will generally be the date when this application is accepted by Aviva. However, if you require a start date in the future please state this here:

## 4. Switching from another insurer

If you have a policy with another insurer on full medical underwriting (FMU) or continued medical exclusions (CME) terms, you may be able to switch to International Solutions on the same underwriting terms by answering the following questions (if you have a policy with Moratorium underwriting you will need to complete section 5 'Medical disclosure' for everyone that you want to insure on this policy):

Do you or any person to be covered by this policy have any appointments, tests or treatment planned or booked with either a family doctor, medical practitioner, Specialist or a hospital?

Yes  No

Have you or any person to be covered by this policy received treatment or advice in the last two years relating to any:

1. type of cancer, or

Yes  No

2. form of heart or circulatory condition (if you are taking aspirin or medication to control blood pressure or cholesterol but have not had any treatment for a heart condition, you do not need to tick 'Yes' for this question).

Yes  No

If you have answered 'Yes' to either question please provide full details. These should include:

<b>Name</b>					
<b>Condition/ Symptoms</b>					
<b>Date(s) of consultation</b>					
<b>Treatment received</b>					
<b>Present state of health</b>					
<b>Any foreseeable need for further consultation or treatment</b>					
<b>Date of last symptoms/ treatment</b>					

If everyone that you want to insure was on the previous policy, you do not need to complete section 5 'Medical disclosure'. Please go to section 6 'Consent to obtain a medical report'.

## 5. Medical disclosure

Please ensure that for questions 5a - 5d there is a tick in either the 'Yes' or 'No' box. Please note that we will not request information from a family doctor or medical practitioner if you have not fully completed this form. If both boxes are left blank, or you have ticked yes and not provided further details, we will be unable to complete your underwriting and will return the form to you.

When completing sections 5a and 5b details of any check-ups should be included, along with any results. Please include details of any examinations undertaken, such as blood tests or smear tests, along with the frequency of the tests and reason for undertaking these.

**5a. Has any person named sought advice from a family doctor or other medical professional, such as a nurse or physiotherapist during the past 2 years?** If you have ticked yes, please provide full details in the boxes below.

Yes  No

Member name	Nature of symptoms/ diagnosis	Date(s) of consultation	Treatment received	Date of last treatment/ symptoms	Any future treatment/ advice planned?

**5b. Has any person named consulted a Specialist or been admitted to hospital in the past 5 years?**

If you have ticked yes, please provide full details in the boxes below.

Yes  No

Member name	Nature of symptoms/ diagnosis	Date(s) of consultation	Treatment received	Date of last treatment/ symptoms	Any future treatment/ advice planned?

**5c. Other than conditions already listed:**

■ is any person named taking, or have they taken regularly in the past 5 years, any medication?

Yes  No

or

■ has any person named suffered any ongoing, long-term or recurrent medical condition?

If you have ticked yes for either point, full details should be given of the conditions/symptom requiring treatment, including any medicines that you take (whether prescribed or bought 'over the counter' without a prescription). Please include details of any hormone replacement therapy or medication, other than that taken solely for contraceptive purposes.

Member Name	Nature of symptoms/ diagnosis	Date(s) of consultation	Treatment received	Date of last treatment/ symptoms	Any future treatment/ advice planned?

5d. Other than conditions already listed has any person named EVER suffered from, or received treatment or advice for the following (please note: this includes any consultations with a specialist and/or complementary therapist such as a physiotherapist, optician, herbalist or acupuncturist):

a) <b>Heart and cardiovascular disorders</b> for example high blood pressure, angina, high cholesterol, heart rhythm disorders	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
b) <b>Blood / blood vessel and circulatory disorders</b> for example anaemia, haemophilia, varicose veins, deep vein thrombosis, narrowing of the blood vessels	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
c) <b>Glandular disorders</b> for example diabetes, thyroid conditions, hormonal problems	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
d) <b>Urinary problems</b> for example bladder, kidney or urinary infections, kidney stones, incontinence, cystitis, urinary frequency problems	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
e) <b>Gastric / digestive disorders</b> for example repeated indigestion, irritable bowel syndrome, haemorrhoids, change in bowel habit, hernia, gallbladder or liver problems, hepatitis, ulcers	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
f) <b>Respiratory disorders</b> for example asthma, bronchitis, pneumonia, lung or respiratory tract problems	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
g) <b>Ear, nose, throat and eye disorders</b> for example deafness or hearing problems, ear infections, cataracts, tonsillitis, sinusitis, wisdom teeth. If you have declared problems with wisdom teeth, please advise whether all have been removed and if not, have any remaining wisdom teeth emerged fully with no further problems.	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
h) <b>Back / neck disorders</b> for example sciatica, arthritis or degenerative changes, disc problems, fractures. If possible, please advise which area of the spine was affected ie cervical (neck), thoracic (upper back), lumbar (lower back) or sacral (bottom of the spine)	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
i) <b>Joints and bones</b> for example bone, tendon or ligament problems, bunions, gout, fractures, arthritis, sprains and strains If possible please advise the specific location, for example left knee / right elbow	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
j) <b>Male</b> for example prostate problems, prolapse, fertility problems	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
k) <b>Female</b> for example complications of pregnancy / childbirth, menstrual irregularities, menopause, fibroids, endometriosis, prolapse, abnormal smears, polycystic ovarian syndrome, fertility problems. If you have previously had an abnormal smear, please advise the current frequency of your smear tests	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
l) <b>Cancer</b> If applicable please advise the date you were discharged from follow-up	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
m) <b>Cysts / polyps</b> for example cysts, polyps, lumps, moles, lesions, nodules, abnormal growths. Please advise the specific location and was this benign (non-cancerous) or malignant (cancerous). Please also advise if this condition is still present	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
n) <b>Skin disorders and allergies</b> for example hay fever, eczema, acne, psoriasis, rashes, alopecia, keloid scars	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
o) <b>Psychological or sleep disorders</b> for example depression, stress, anxiety, behavioural disorders – (eating/compulsive disorders), schizophrenia, bipolar disorder, insomnia	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
p) <b>Brain and nervous system disorders</b> for example epilepsy, migraine, repeated headaches, stroke, multiple sclerosis, cerebral palsy, brain trauma, dementia or Alzheimer's disease	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
q) <b>Implants, prostheses or cosmetic surgery</b> for example pins, plates, screws, medical or cosmetic implants, orthotics or supports. If you declare that you have had pins, plates or screws, please advise if they are still present	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
r) <b>Autoimmune disorders</b> for example systemic lupus erythmatosis, HIV, rheumatoid arthritis,	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
s) <b>Congenital disorders</b> for example autism, cystic fibrosis, Down's syndrome, spina bifida	<input type="checkbox"/>	Yes	<input type="checkbox"/>	No



**Please read the declaration and complete the boxes below:**

I have been informed of, and understand my rights under the Access to Medical Reports Act 1988 (or the Access to Personal Files and Medical Reports (Northern Ireland) Order 1991).

In connection with the insurance applied for, I consent to the provision of any and/or all of my medical records to Aviva. Accordingly, I hereby authorise any institution or person (including, but not limited to, hospitals, doctors, nurses and health professionals) who has been involved in my treatment both past and present, to provide Aviva (and third parties acting on its behalf) with any information, including full medical records, reports or notes, concerning my physical or mental health.

I consent to the:

- processing (by computer or otherwise);
  - use (which may happen outside the European Economic Area) for the purpose of medical underwriting, claims assessment and validation, fraud prevention, policy administration, service provision and reinsurance; and
  - disclosure to the policyholder, relevant intermediaries and medical service providers
- of personal and medical details supplied in support of this application. I agree that a copy of this consent shall have the validity of the original.

The data controllers are Aviva Health UK Limited, Aviva Insurance UK Limited, Aviva Life and Pensions UK Limited.

**Details are required for each person to be insured by the policy.**

Name	<input style="width: 95%;" type="text"/>	Family doctor or medical practitioner's name	<input style="width: 95%;" type="text"/>
Signature	<input style="width: 95%;" type="text"/>	Date	<input style="width: 95%; text-align: center;" type="text" value="DD / MM / YYYY"/>

(signature of parent/guardian for children under 16).

**I DO NOT wish to see the report before it is sent to Aviva (please delete if you wish to see the report before it is sent to us).**

Name	<input style="width: 95%;" type="text"/>	Family doctor or medical practitioner's name	<input style="width: 95%;" type="text"/>
Signature	<input style="width: 95%;" type="text"/>	Date	<input style="width: 95%; text-align: center;" type="text" value="DD / MM / YYYY"/>

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(signature of parent/guardian for children under 16).

**I DO NOT wish to see the report before it is sent to Aviva (please delete if you wish to see the report before it is sent to us).**

**Details of family doctors – please give details of the family doctors or medical practitioners for everyone covered by the policy. If there are more than 2 family doctors or medical practitioners, please use a separate piece of paper**

Family doctor or medical practitioner's name	Address	Tel (incl STD code)	Fax

**Checklist - have you:**

- fully completed the personal details for everyone on the policy?
- fully completed section 4 if you already have private medical insurance?
- fully completed section 5 for those people who you want to insure that don't already have private medical insurance?
- fully completed section 6 regarding consent to obtain medical information (you do not have to do so, but we may not be able to offer cover if you don't)?

**Please do not forget to read the declaration and then sign and date the form.**

## 7. Declaration

I declare that:

- a) I will advise if there are any changes in the information given on this application which occur between the date of signing and the start date of the policy.
- b) I understand and accept that benefits will not be available to insured persons (those named in section 2) for the treatment of any illness or injury which originated prior to their date of joining the policy or any related condition unless fully disclosed on this application and accepted by Aviva Health UK Limited. An additional application in our prescribed form will be required for any persons added to the policy in the future.
- c) to the best of my knowledge and belief the information given on this application is true and complete. I agree to accept and conform to the terms of the policy when issued. (A specimen copy of the policy is available on request).
- d) I have checked and found correct any answers or statements in this application that are not in my own handwriting.
- e) I understand that if Aviva needs to investigate or establish any material facts this may delay the claims process.
- f) the contract will be subject to the law of England and the exclusive jurisdiction of the English courts
- g) on behalf of all persons to be covered I confirm consent to the computer and other processing and use of personal and medical details by the data controllers and relevant third parties (which may include disclosure to the policyholder and to relevant intermediaries and medical service providers) for the purposes of this application, policy administration, service provision, reinsurance, claims assessment/validation and fraud prevention. (Processing may be in any part of the world, although we will ensure that adequate standards of data protection within the meaning of English law apply. The data controllers are Aviva Health UK Limited, Aviva Insurance UK Limited, Aviva Life and Pensions UK Limited. Also, relevant details of persons to be covered may be processed in order to tell them from time to time (by post, telephone, email, fax or other means) about products or services which may be of interest from Aviva Group and connected providers. Any person not wishing to receive such contact may write to Aviva, FREEPOST\*, Mailing Exclusion Team, PO Box 6412, Derby, DE1 1SB)

\*If within UK

Proposer's signature

Proposer's name  
(Print name)

### For agent use only

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**NE29 8EQ, UK**

**Fax: +44 (0)191 257 6272**

Agency ref.

**SP624**

### For office use only

Campaign code

Coupon code

Policy number

Date  
(must be completed)

**Please do not forget to complete the payment details on the next page**





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Members of the Financial Ombudsman Service.  
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